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**CAB
SOCIAL
CLUB**



February 8: Valentine's Gift Exchange/Craft/Dance—5:30-7:30 p.m. at CABLC

February 22: Dinner at East Side Mario's—5:30-7:30 p.m. Pick up and Drop Off at East Side Mario's 300 King George Road

February

MARK YOUR CALENDARS

February 5, 12, 26 - These are the February dates

for Monday Night Dance Party. Doors open at



6:15, we're dancing until 8:00 p.m. **NOTE: NO MONDAY NIGHT DANCE**

PARTY ON FAMILY DAY, FEBRUARY 19.

February 14 - We're celebrating Valentine's Day.



February 19 - CABLC will be **CLOSED FOR FAMILY DAY.**



February 8 & 20 - Skating at the Wayne Gretzky Sports Centre.



Thanks to an idea generated in the Community, Culture and Me program, we're trying something new. Many of our sports-loving participants (and there are many!) asked if they could get together to watch the Super Bowl on Sunday, February 4th. Natasha Efner, one of CABLC's fabulous instructors, liked the idea and has volunteered to supervise the event. Natasha sent information home last week asking if anyone was interested in taking part and provided all the details. We have a few folks signed up already. They're all excited to cheer for their favourite team and they're also bringing along some snacks to share. If your son or daughter would like to join us, be sure to send your response back to Natasha.



Highlights from January



Above: Luke and Natasha enjoying some fun times at the Gretzky Centre.

Below: Scott and Mario happily volunteer their time at a local Breakfast Program. We love to help in our community!



We had great attendance at our Parent Meeting on January 10th. We gathered together to talk about our new home, the upcoming Capital Campaign, and we asked our parents if they were able to help out with the various committees. Our thanks to those of you who, without hesitation, signed up for the various committees. YOU ARE AMAZING. The crew helping to prep for painting at Sky Acres has been onsite for days and their progress is fabulous. Our thanks to all of you, the Board and Dave Levac for showing us that many hands do indeed make light work. We'll be sure to get some pics for the next newsletter. If you weren't able to make the meeting and you'd like to volunteer, there are many ways you can lend a hand. Call Paula or Michelle for more information.

Remember that the happiest people are not those getting more, but those giving more.

YES, IT'S FEBRUARY, BUT THERE IS STILL LOTS OF WINTER LEFT!

WHAT HAPPENS WHEN WE CLOSE?



Part of living in this glorious country is the realization that, from time-to-time, the harsh Canadian winter does force us to close our facility to ensure the safety of our participants and staff. To help communicate these closures we wanted to make sure all parents and caregivers are aware of our procedures.

- 1) If we **DO NOT OPEN**, information will be shared with our two local radio stations - Jewel FM 92.1 and CKPC AM. We will also post the closure on our CABLC Facebook page and share the information via Twitter by 7:00 a.m.
- 2) If we **CLOSE DURING THE DAY**, we will begin calling parents/caregivers starting with the first number in our emergency contact book. Please ensure we have up-to-date information on file.

When you packed away those Christmas decorations did the basement look a little cluttered? Or maybe you're thinking of a little DIY project and need to get rid of old boxes of papers to make some space. We can help. Shredding Barriers will safely destroy your sensitive documents.

HOURS OF OPENING

Monday to Friday
8:30 a.m. to 4:00 p.m.

Questions? Contact Steve Davidson at: steve@crossingallbridges.ca or 519-751-0123 Ext. 104



Remember, your business provides work for our amazing team of Shredding Barriers employees.