

CABLC Connection



ISSUE 98 · DECEMBER 2024

YOUR MONTHLY INFORMATION UPDATE

CABLC NEWSLETTER

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Important Dates:

- December 4 - "Wicked" Trip
- December 15 - Breakfast with Buddies
- December 20 - Last Day of Program
- December 20 - Complimentary Holiday Lunch
- December 23 - January 1 No Program - Happy Holidays
- January 2 - Program Resumes



Fundraising

Bridging Brant Art Show: A 3rd Party Fundraiser

The Bridging Brant Art show was a great success. Thank you to all of the participants, families and community members that were able to attend. The event raised over 1,200.00 for continued program enhancement. It was wonderful to see the community come together through art, a special thank you to Temptation Kitchen Brantford and event organizer Aurora Rose.



4th Annual Christmas Bazaar

We are thrilled to share the success of our recent Christmas Bazaar! Local vendors, artisans and CABLC participants were delighted to showcase and sell their unique holiday merchandise. The event was filled with holiday cheer, and we couldn't have done it without you! A heartfelt thank you to our community for coming out, supporting small businesses, and making the event truly special. We look forward to seeing you again next year!



2nd Annual Food Drive

The Community, Culture and Me program has been working hard over the past month and we are excited to announce the completion of our food drive in support of our local food bank! Thanks to your incredible generosity, we collected over 30 bags of non-perishable items that will make a real difference for families in need this holiday season. A huge thank you to everyone who donated and helped spread the word. Your kindness and support remind us of the power of community.



Plant, Sip and Shop : A 3rd Party Fundraiser

Walter's Greenhouse is hosting a Plant, Sip and Shop night on Wednesday December 11th, from 6:30pm to 8:30pm. Join in and plant a festive mix of tropical and flowering plants. Sip a glass of wine from Blue Gables Acres, and shop some great in store specials. Tickets are \$60.00 per person and can be purchased at www.waltersgreenhouse.ca/webshop/events



Monday Night Dance Party



Dance the night away every Monday, excluding holidays, from 6:00pm to 8:00pm at CABLC. Everyone is welcome to attend, cost is \$5.00 per person, and support workers welcome. Join us on December 16th for Holiday Tunes. There will be no Dance Party on Monday December 23rd or 30th



CABLC Social Club

Social Club runs bi-weekly 5:30pm to 7:30pm. Block #2 Calendars are now ready to go, be sure to check our website for upcoming social club events.

To register contact our Program Supervisor, Natasha Efner at natasha@crossingallbridges.ca



CABLC in the Community



Smile Cookies

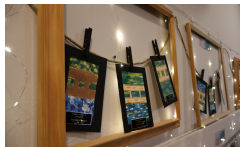
Participants enjoyed putting smiles on Tim Horton's Holiday Smile Cookies. The campaign raises money for local charities and community groups, including Tim Hortons Foundation Camps. A big thank you to Denise Howes and the Tim Hortons located at 265 King George Road for inviting CABLC participants to be apart of this wonderful community initiative.



November Highlights

Bridging Brantford Art Show

After months of preparation the Expressive Arts program was thrilled to be showcased at the Bridging Brantford Art Show. Participants created art for the event including group and individual pieces. This community project is hopefully the first of many, a big thank you to the community for supporting CABLC artists.



Society of Radio Theatre

The Expressive Arts program has partnered with Playful Fox Productions to include CABLC participants in their Society of Radio Theatre production of Miracle on 34th Street. The show will be ready for your listening pleasure on December 20th, 2024 and all funds raised will support Crossing All Bridges. Be sure to check out the Playful Fox Facebook page for more information on how to donate and listen.



Holiday Activity Schedule: December 16 - 20

HOLIDAY ACTIVITIES AT CABLC

Manday	Tuesday	Wednesday	Thursday	Friday
<p>Hot Cocoa Christmas MOVIES</p> <p>PARTICIPANTS WILL ENJOY A CENTRE WIDE DOOR DECORATING COMPETITION AND A HOLIDAY FILM.</p> <p>HOLIDAY PAJAMAS ENCOURAGED!</p>	<p>ACTIVITIES INCLUDE A HOLIDAY THEMED LIP SYNC BATTLE AND A SPECIAL PRESENTATION BROUGHT TO YOU BY THE CABLC STAFF!</p>	<p>PARTICIPANTS WILL ENJOY CREATING THEIR OWN HOLIDAY ORNAMENTS FOLLOWED BY A CHRISTMAS DANCE IN THE AFTERNOON</p> <p>TREATS ARE WELCOME!</p>	<p>SANTA IS STOPPING BY THE CENTRE FOR SOME CAROLING AND COOKIE DECORATING!</p> <p>PARTICIPANTS WILL HAVE THE OPPORTUNITY TO TAKE A PHOTO WITH SANTA IF THEY WISH</p>	<p>WE ARE ENDING THE WEEK WITH REINDEER GAMES AND A FESTIVE LUNCH FOR EVERYONE.</p> <p>HAPPY HOLIDAYS</p>

DECEMBER 16TH - 20TH 2024

Shredding Barriers



Employee of the Month

We are proud to announce Teddy is employee of the month for December. New to the team Teddy approaches each shift with enthusiasm and is eager to learn the ropes and sharpen his skills. Congratulations and Welcome to the Team, Teddy!

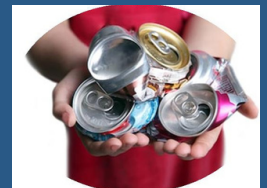
After Hours Program

Back by popular demand, it's Breakfast with Buddies: Holiday Edition. Join us on Sunday December 15th for a DIY breakfast. Each participant will have the opportunity to make their own waffle, breakfast will also include sausages, fruit juice and warm drinks. Cost is \$15.00, registration is required, please email natasha@crossingallbridges.ca to reserve your spot.

NEW! Ladies Night 6-week program is now open for registration, be sure to check out the flyer.

CANS for CAB

Thank you to everyone who has contributed to our Cans for CAB campaign, to date we have raised \$12,835.35. Donations continue to be accepted.



CABLC Programming

Recreation and Wellness

Recreation and Wellness hit the ice, or at least imagined it, as we dove into the fast-paced world of hockey! From perfecting our passing to taking sharp, precise shots, participants learned the skills that make this game so exciting. We practiced defensive moves to protect the goal and explored the rules and strategies that keep the game flowing. Everyone got a chance to play, working together as a team and having a blast! In December, Rec and Wellness will be trading hockey sticks for a focus on body movement and massage therapy; exploring ways to keep our bodies feeling strong, flexible, and relaxed. It's all about teamwork, wellness, and fun!



Community, Culture, and Me

Community, Culture and Me enjoyed another fabulous month making holiday tags, cards, and hot chocolate reindeer cones, all for the Christmas bazaar. Sharks were added to our Endangered Marine Animal Unit and we also learned about China as part of our Countries from Around the world series. In December participants are excited for our trip to the Cineplex to see "Wicked", the prequel to our book study, The Wizard of Oz.



Digital Innovation

In November, participants in the Digital Innovation program got busy practicing our American Sign Language skills. Participants had fun learning about camera skills and how to photograph like a pro, as well as diving into the world of Artificial Intelligence! This month participants will be learning about City Hall, the responsibilities and rules within city jobs and welcoming Brant County Mayor, David Bailey as a guest speaker. Participants will be preparing for Christmas by making digital cards and playing fun Christmas games! Don't forget to check out CAB News, posted weekly to our Facebook page.



CABLC Programming

Culinary

In November the Culinary program continued on with the unit on easy meals to make at home for breakfast, lunch and dinner. Participants focused on salad and chicken recipes this month, with taco salad and sweet and sour chicken being fan favourites. Alongside the Community, Culture and Me program participants traveled to China this month for the Around the World Unit, preparing kung pao chicken and pork dumplings. The culinary program continues to visit local markets, in November participants visited Elberta Farms and also enjoyed a guided tour of Farm Boy. The Culinary program is looking forward to holiday treats and specialty hot chocolate in December.



Expressive Arts

November was a big month for our Expressive Arts Program! The fundraiser "Bridging Brantford" was a big success! Thank you to all who supported our CAB artists by coming to the soft launch and/or the event. We spent the rest of the month creating lovely items to sell at our annual Christmas Bazaar. Expressive Arts is finishing up the year by making DIY gifts during program so participants can give homemade items to friends & loved ones over the holiday season.

Upcoming Events



Plant, Sip & Shop

Wednesday Dec. 11th
6:30-8:30

A fundraiser for Crossing All Bridges. Join us to plant a festive mix of tropical and flowering plants, Sip a glass of wine from Blue Gables Acres, and shop some great in store specials.

\$60 per person
minimum \$30 from each ticket will go to Crossing All Bridges

Tickets:
www.waltersgreenhouse.ca/webshop/events





Please join us for

Breakfast with Buddies

Christmas edition

9:30 - 11:30 AM
Sunday 15 December

Participants will cook and enjoy a meal with friends.

Christmas Breakfast will include festive waffles, sausages, juice, and hot chocolate

Cost is \$15.00

To register please contact
natasha@crossingallbridges.ca



Ladies Night!

open to ladies 14+

JOIN US

Empowering friendships and connections through activity based workshops. Sign up for individual workshops or full 6-week program!



6 WEEK PROGRAM - STARTING JANUARY 8TH 2025

- Maincourse
- Mixed Colouring
- Board Games
- Diamond Dots
- Holiday Making
- Christmas Night

DATE & TIME

Wednesdays from 5pm to 8pm
January 8th - February 26th 2025
At Crossing All Bridges in Louisa

COST

6-week program: \$50.00
Drop-in fee: \$10/night

REGISTER

Contact Our Program Supervisor
Natasha Ether
natasha@crossingallbridges.ca
519-751-0123

www.crossingallbridges.ca

