

# CABLC Connection



ISSUE 103 · MAY 2025

YOUR MONTHLY INFORMATION UPDATE

## Important Dates:

**May 3: Coffee Corner**

**May 7: Craft Club**

**May 8: Mother's Day High Tea**

**May 19: CABLC closed - Victoria Day**

**May 23: Trip to Wentworth Faire**

**May 26 - 30: Art Exhibition at Altitude Coffee**



## Fundraising



### 3rd Party Fundraiser: Walters Greenhouse

A huge thank you to Walters Greenhouses & Garden Centre for hosting an unforgettable evening and raising over \$1,700.00 for Crossing All Bridges Learning Centre. A special shout out to Nancy Dawdy for her efforts and to Matt and Josh who accepted the cheque on behalf of CABLC. We are so grateful for the support of our amazing community.

## 5th Annual Witches Night Out

Save the date for Witches Night Out on Friday, **October 17, 2025**! Gather your coven for a spellbinding evening of fun, laughter, and bewitching surprises—all in support of Crossing All Bridges Learning Centre. Dust off your broomsticks and stay tuned for more details on this magical night you won't want to miss!



Join us on **September 11, 2025**, for a day on the greens in support of Crossing All Bridges Learning Centre! Enjoy a fantastic day of golf, prizes, and camaraderie—all for a great cause! More details to come. Mark your calendars and get ready to tee off for learning! For sponsorships or inquiries, contact [seberras2@hotmail.com](mailto:seberras2@hotmail.com)

## Golf "Fore" Learning

## CABLC in the Community



### Art Exhibition at Altitude Coffee Roasters

We're thrilled to announce that Crossing All Bridges Learning Centre has partnered with the Neurodivergent Artist Collective for a special Art Exhibition at Altitude Coffee from **May 26<sup>th</sup> to 30<sup>th</sup>**! The artwork on display was created by participants in our Expressive Arts program and during our drop-in art afternoon. This exhibit is a beautiful celebration of creativity, individuality, and the talents of incredible artists. We encourage all participants, families and friends to stop by Altitude Coffee Roasters (174 Brant Ave) to view the exhibit and support our community's artists. Don't forget to take a photo and tag us on social media - we would love to see your visit.

## Enterprise Holdings

A heartfelt thank you to the amazing volunteers from Enterprise Holdings who generously donated their time and energy to help CABLC get ready for spring. Their hard work made a big impact as they rolled up their sleeves to clean up our garden, prepare the peace garden for some exciting upcoming upgrades, and tackle a much needed spring clean up. Thanks to their support, our outdoor spaces are looking fresh, welcoming and full of potential for the warmer months ahead. We are so grateful for their continued community spirit and generosity.



# CABLC NEWSLETTER

## This Issue:

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## Monday Night Dance Party

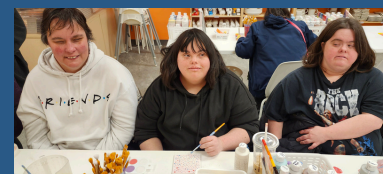


Dance the night away every Monday, excluding holidays, from 6:00pm to 8:00pm at CABLC. Everyone is welcome to attend, cost is \$5.00 per person, and support workers welcome. Join us this month on May 5<sup>th</sup>, 12<sup>th</sup>, and 26<sup>th</sup>. Reminder there is no dance party on May 19<sup>th</sup> in observance of Victoria Day.



## CABLC Social Club

Social Club runs bi-weekly 5:30pm to 7:30pm on Thursday evenings. Come on out this month for dinner at Young Great Wall on May 1<sup>st</sup> followed by Chocolate Bingo on May 15<sup>th</sup>. To register contact our Manager of Programs, Natasha Efner at [natasha@crossingallbridges.ca](mailto:natasha@crossingallbridges.ca)



CROSSING ALL BRIDGES LEARNING CENTRE

65 Sky Acres Drive, Brantford, ON N3R 5W6

Phone: 519-751-0123

Website: [crossingallbridges.ca](http://crossingallbridges.ca)

Email: [info@crossingallbridges.ca](mailto:info@crossingallbridges.ca)



# April Highlights

## Bell Homestead

As part of our Community, Culture & Me program's Famous Canadians unit, participants recently had the exciting opportunity to visit the Bell Homestead - the historic home of Alexander Graham Bell. After learning about Bell and his invention of the telephone in program, participants were thrilled to explore his home and dive deeper into his life and legacy. The weather was perfect, and everyone enjoyed a relaxing picnic lunch on the grounds. A big thank you to our knowledgeable tour guides and to our Community, Culture and Me instructor for helping bring the learning to life with such a fun and meaningful experience.



## Celebrating Easter

We had an egg-citing time celebrating Easter at Crossing All Bridges. Participants enjoyed a variety of festive activities, including an Easter egg matching game, an energetic Easter relay challenge, and a lively afternoon dance party. A special highlight of the day was a surprise visit from the Easter Bunny. Everyone had the chance to snap a photo with our festive guest and received a small treat to take home. Smiles, laughter, and spring spirit were in full bloom throughout the celebration.



## Family Survey

We're inviting all families and stakeholders to take part in a brief 10-question survey to share your thoughts on our programs and services. Your feedback is incredibly valuable and will help us ensure we're meeting your needs while also guiding our board's strategic planning for the future. The survey takes just a few minutes to complete and will remain open until May 16, 2025. If you have not received the survey link, please reach out to our Manager of Operations, Michelle Carpenter, at [mcarpenter@crossingallbridges.ca](mailto:mcarpenter@crossingallbridges.ca). Thank you for your continued support and for helping us grow and improve.

## Extended Programming Opportunities



Following the success of our previous program, we are excited to announce the return of our 6-week Ladies Night program. Beginning June 11<sup>th</sup>, come out every Wednesday for an opportunity to meet friends, socialize and hang with girls. Registration is required for the program. Please reach out to [natasha@crossingallbridges.ca](mailto:natasha@crossingallbridges.ca) for more details.

## Craft Club

We are excited to introduce a new Craft Club, in partnership with the Neurodivergent Artist Collective. Join us on the first Wednesday of each month from 6pm - 8pm in the Expressive Arts room for a cozy evening of creativity, crafting and fun. Individuals are welcome to bring their own projects or join in using the provided materials. We hope to see you on May 7<sup>th</sup>.



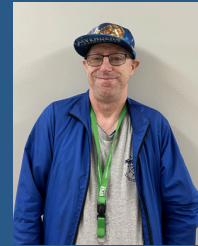
Looking for a place to hang out, relax and meet new friends? Join us for our NEW Coffee Corner. Enjoy a warm cup of coffee, play games and chat with like-minded individuals in a supportive, friendly space. Coffee Corner runs from **9:30-11am on the first Saturday of each month**. Drop-in fee \$2.00. No pressure, just fun! Come as you are, we hope to see you there on May 3<sup>rd</sup>.

## NEW Ladies Night



## Coffee Corner

## Shredding Barriers



### Here we grow again!

Shredding Barriers has grown yet again. We are pleased to welcome Brent and Lauren to the team. Welcome and congratulations!

## Summer Sizzle Camp and Leisure Days

We're excited to announce that registration for Summer Sizzle Camp and Leisure Days is now open. Open to individuals 14+, our camps offer a welcoming space for socializing, adventure, and unforgettable memories. To register please reach out to our Manager of Operations, Michelle Carpenter, at [mcarpenter@crossingallbridges.ca](mailto:mcarpenter@crossingallbridges.ca). Spaces fill fast be sure to register today.



For more information or to register for any extended programming opportunities please reach out to our Manager of Programs, Natasha Efner, at [natasha@crossingallbridges.ca](mailto:natasha@crossingallbridges.ca)





# CABLC Programming

## Recreation and Wellness

April was all about everyday functional fitness, keeping our bodies strong, mobile, and ready for anything! We explored how regular stretching keeps us feeling good and moving with ease. To add some fun and connection, we introduced partner exercises that helped build teamwork and boost motivation. We've also been soaking up the beautiful weather, going for neighborhood walks, and enjoying the fresh air. It's the perfect way to stay active while connecting with the outdoors! In addition to all the movement, we've been practicing simple ways to relax and unwind, balancing physical activity with mindfulness. Next up, we're getting ready to kick off our soccer unit, with skills, teamwork, and lots of fun!



## Community, Culture, and Me

In April, Community, Culture and Me played a good old fashion hockey game as we learned about our Canadian Hall of Famer, Tim Horton. He went from a 4-time Stanley Cup Champion to opening the donut shop empire which we know today and is such a massive part of our Canadian culture and identity. We explored the Bell Homestead and made a take home treat for Easter. A few of our volunteers were treated to a special evening at the Sanderson Centre as their efforts were recognized by the Brantford Public Library. May is shaping up to be another busy one as we wrap up our book study, The Wizard of Oz and prepare for our 4<sup>th</sup> Annual Mother's Day Tea. Participants will also add the Blue Whale to the Endangered Marine Species Unit and explore the United States of America as part of the Countries Around the World Unit.



## Digital Innovation

With May beginning, Digital Innovation will be learning about the basics of typing, practicing all the hand placements and keys. For the rest of the month, Digital will be headed outside to practice our nature photography skills and making custom photo journals, learning about the 5 senses and adventuring outside to explore our senses, as well as going on a scavenger hunt with Recreation & Wellness as we learn and try out Geocaching! In the month of April, we learned how to create our own Kahoots, this gave the chance for all of us to learn more about each other! We spent the week before Easter playing fun themed games and making digital Easter cards! Towards the end of the month we learned all about two different jobs, a pilot and hairdressers, we even got to take a trip to the Brantford Airport to learn all about the life of a pilot!





# CABLC Programming

## Culinary

In April, the Culinary program was busy learning about different types of oatmeal and how versatile it is to cook with, including healthier versions of prepackaged oatmeal and high protein oatmeal bakes. Keeping health in mind participants explored alternative sandwiches, where vegetables and eggs made great substitutes for bread. During the Kitchen Life Skills lessons participants learned how to put together a grocery list and used those lists to grocery shop at local stores. To end the month, we partnered with the Community, Culture and Me program for the next lesson in the around the world unit; Jamaica. We learned all about the Jamaican culture and tried some very yummy dishes.



## Expressive Arts

During April, participant in the Expressive Arts Program continued the series on the "Seven Elements of Art" focusing on shape and form. We explored these concepts by creating clay sculptures, adding new words to our "Art Vocabulary" and experimenting with building materials like magnets, wood and metal. May is a big month for this program as we are launching our Art Exhibition partnered with the Neurodivergent Artist Collective and hosted by Altitude Coffee Roasters. In program participants will be finishing up featured pieces and learning how to host an exhibition. Be sure to visit Altitude Coffee Roasters between the dates of Monday May 26<sup>th</sup> to Friday May 30<sup>th</sup> to see all our hard work decorating their walls!

## Upcoming Events

**Join us on May 3rd!**  
**Coffee Corner**  
A drop-in social for teens and adults with varying abilities

Cooking for a place to hang out, relax and meet new friends?

Join us for Coffee Corner! Enjoy a warm cup of coffee, play board games and chat with like-minded individuals in a supportive, friendly space.

No pressure, just fun! Come as you are! Everyone is encouraged to participate at their own pace!

First Saturday of each Month  
(beginning February 1st)  
9:30 - 11:00am | Drop in Fee: \$2.00  
65 Sky Acres Drive

CROSSING ALL BRIDGES LEARNING CENTRE & NEURODIVERGENT ARTIST COLLECTIVE PRESENTS

**MY CUP OF TEA**

ART EXHIBITION  
GRAND OPENING  
05.26.25

HOSTED BY ALTITUDE COFFEE ROASTERS  
174 BRANT AVE, BRANTFORD

NEURODIVERGENT ARTIST COLLECTIVE  
ALTITUDE COFFEE ROASTERS  
Crossing All Bridges Learning Centre



3rd Annual  
**Father's Day Cookout and Car Show**

### Save the Date

Thursday June 12th, 2025  
5:30pm - 7:30pm  
65 Sky Acres Drive, Brantford

For inquiries please email [natasha@crossingallbridges.ca](mailto:natasha@crossingallbridges.ca)

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