

CABLC CONNECTION

YOUR MONTHLY INFORMATION UPDATE

ISSUE 118 • July 2026

Important Dates:

- July 1 – CABLC Closed for Canada Day
- July 17 – Last day of programming for those who opted for summer break.
- July 20 – August 7 – Summer Camp and Leisure Program.
- August 10–14 – CABLC CLOSED for staff development.
- August 17 – First day of back for start of 2026/27 program year.

Summer Camp and Leisure Days

Summer Sizzle Camp

Summer camp runs for 3 weeks and registration is FULL – We look forward to a fun and exciting summer camp experience, welcoming back returning campers and getting to know new ones!

Reminders:

- Please remember to bring a packed lunch everyday
- Stay hydrated – bring a refillable water bottle or ample drinks
- Sunscreen, hat, and comfortable clothing
- Swimwear – if applicable



Leisure Days

Leisure days run for an additional 3 weeks for those who opted for extended programming. Lunch will be provided as usual for participants on their scheduled day(s).



Fundraising



Golf “Fore” Learning 📄 Raffle Tickets Are Here

Support our 22nd Annual Charity Golf Tournament. We are currently looking for volunteers to help run our raffle ticket booth at local stores in the coming months. If you’re interested in donating your time, we would love to hear from you. Please reach out to foundation@crossingallbridges.ca.

Staff Updates

Welcome to the Team

Join us in welcoming Emily Bertolo, Shredding Barriers’ Social Enterprise Growth Lead. Emily is a graduate of Wilfrid Laurier University’s Brantford campus with a bachelor’s degree in forensic psychology and a master’s degree in criminology. As a lifelong learner, she is continuing her studies by currently pursuing a master’s in public safety at Laurier. Emily has an extensive background in event planning and community engagement, as she remained an active member of the Laurier and Brantford community. Emily is an avid reader and coffee lover. She also enjoys practicing photography and spending time outdoors in her free time.



Welcome to the Team

Join us in welcoming, Sharde Stemmler to the team. Sharde is excited to be joining the team as Shredding Barriers Lead Driver & Operations Coordinator.

When not at work, you can find Sharde chasing after her two-year-old or driving a school bus. Needless to say, she’s pretty used to staying on her toes! In her free time, Sharde enjoys reading, trying new things, and spending time with family and friends. Sharde is looking forward to getting to know everyone and being part of the team.



CABLC NEWSLETTER

THIS ISSUE

- Important Dates
- Summer Camp and Leisure Days
- Fundraising
- Staff Updates
- Social Club
- Shredding Barriers
- June Highlights
- Extended Programming Opportunities
- CABLC Programming
- Upcoming Events

Social Club

Social Club runs bi-weekly 5:30pm to 7:30pm on Thursday evenings. Come out this month for swimming at Brant Park on July 9th, 2026. Social Club will break for the summer and return on August 21st with Movie in the Park. To register contact our Manager of Programs, natasha@crossingallbridges.ca



Shredding Barriers



It’s the perfect time to clear out old paperwork while protecting your personal information.

Shredding Barriers is open Monday to Friday 8am to 4pm.

Drop off your documents anytime – No appointment necessary.

We offer both residential and commercial services.

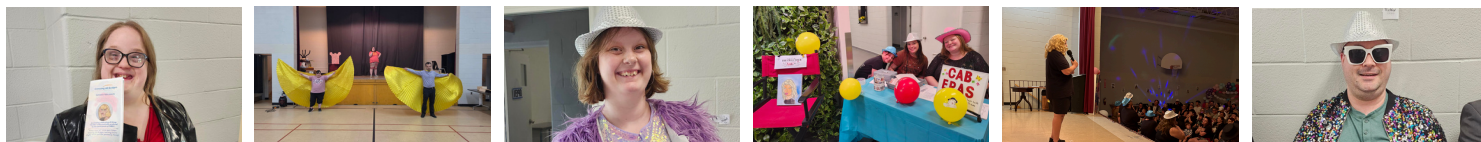
For more information or questions please call us at 519-751-0123 ext.103



June Highlights

CAB Era's Show

Our CAB "Eras" Show was truly one for the books. An unforgettable evening filled with music, energy, and pure joy. Inspired by the iconic eras of Taylor Swift, our participants took the stage and absolutely owned it, delivering performances that had the whole room cheering. We want to extend a heartfelt thank you to everyone who attended and supported the show. Your enthusiasm and encouragement made the night even more special. A huge shoutout also goes to our incredible staff and volunteers, whose dedication behind the scenes helped bring this vision to life. And of course, the biggest recognition goes to the stars of the show, our participants. Over the past few months, they have worked hard in our Expressive Arts program, building confidence, learning routines, and preparing for this moment. Their commitment, creativity, and courage truly made this event shine. Safe to say... this show left us all in our CAB Era, and we're still not over it.



End of Year Outings

We wrapped up our program year with two fantastic outings that gave participants the chance to explore, learn, and try something new. At Summer Station Dairy Farm, participants enjoyed a hands-on experience connecting with farm life—getting up close with animals, learning about daily operations, and experiencing a different pace of life outside the classroom. It was a meaningful and engaging visit that sparked curiosity and lots of smiles. Our visit to Whole Health Gym offered a different kind of energy, as participants had the opportunity to get active, try new equipment, and learn more about fitness in a supportive and inclusive environment. It was a great way to build confidence and promote healthy habits. Both outings were wonderful opportunities to celebrate the end of our program year—filled with new experiences, learning, and plenty of memorable moments.



Extended Programming Opportunities

Monthly Dance Mixer

Join us for final Dance Mixer held on **Friday July 10th**, from 7:00pm-9:00pm at 65 Sky Acres Drive. July's theme is **Safari Celebration**, costumes are encouraged. For just \$10, you'll enjoy admission, a snack and a drink. Registration is required. *Please note that our Monthly Dance Mixer will resume in September.*



Participants have enjoyed getting int touch with nature at our CAB Roots program. Over the past 5-weeks participants have enjoyed exploring our community garden and gaining hands on skills. From making our own mosquito repellent to inukshuks, mandellas and more participants have enjoyed socializing with friends in the garden.

CAB Roots

Craft Club

Join us for a fun evening of hands-on art activities in collaboration with the Neurodivergent Artist Collective. Each month brings a new project to explore, whether you're a beginner or an experienced crafter, there's something for everyone! We look forward to crafting with you on **July 8th, 2026**. *Please note that Craft Club will resume in September.*



For more information or to register for any extended programming opportunities please reach out to our Manager of Programs, Natasha Efner, at natasha@crossingallbridges.ca

CABLC PROGRAMMING

Culinary

In the Culinary Program, participants have been busy exploring delicious side dishes, fresh summer foods, and even learning all about cows through our collaboration with CCM. We also had a fantastic time on our end-of-year trip to Summit Dairy Farm, where participants connected what they've been learning to real life. Participants have also loved our visits to the Windmill Market in Mount Pleasant, always a highlight and a great way to explore local foods and ingredients. Looking ahead this month, we're excited to prepare for our very first CAB End-of-Year Picnic. Participants will be planning games, organizing the snack table, and, of course, enjoying plenty of sweet and salty treats made right in the program. It's shaping up to be a fun and delicious celebration.



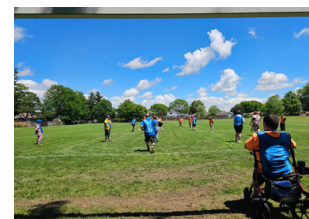
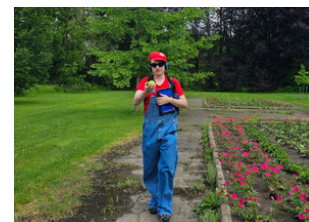
Expressive Arts

This month in the Expressive Arts Program was a true whirlwind of excitement. Our performers danced and sang their hearts out in our end-of-term production, CABLC Eras: A Tribute to Taylor Swift. The evening was filled with love, laughter, and plenty of cheers from the crowd. We were thrilled to have a sold-out show, which brought so much joy to our participants. The overwhelming support and positivity from the audience was incredibly uplifting and heartwarming. A huge thank you to all of our volunteers, staff, and supporters who helped bring this show to life and came out to cheer on our performers—you are very much appreciated. As we head into summer, we're looking forward to a well-deserved break and are excited to kick off new units in August. Wishing everyone a safe and enjoyable summer.

Recreation and Wellness

June was such a fun month in Recreation and Wellness, especially with the great weather we have been having. We enjoyed learning about summer sports, FIFA, weight training circuits, walking to new parks (Glenhurst and Waterworks) as well as exploring breathwork.

As we are nearing the end of this year at CAB, July brings in even more fun with year end activities, program trips and beautiful weather. For July we will continue exploring fitness in nature, walking at the parks, a fitness carnival and soccer-baseball to wrap up the year at CAB.



CABC PROGRAMMING

Community, Culture and Me

Community, Culture & Me spent the last month wrapping up some of our favourite topics. Participants enjoyed tea while they learned about London. We reviewed the USA by creating a collage of the United States and we visited a dairy farm. We watched *The Borrowers* on DVD, which was on loan from our library, it was great to see all the characters come to life from our book study. As we come to the end of our program year, we will review Canada, celebrating our great nation, and as we look ahead, we begin selecting new topics in preparation for the 2026-2027 program year, which will of course include a brand-new novel. You will have to stay tuned as participants have already decided which book we will be reading. Have a great summer from all of us in CCM.



Digital Innovation

In the month of June, Digital Innovation focused on two different careers: athletes and car washing. We learned about the routines of athletes, how our lives are similar to theirs and talked about our favourite athletes while enjoying some highlights of the FIFA World Cup. To prepare for our upcoming car wash participants reviewed the steps of washing a car and how to do it safely. To end off the year, participants explored all things Disney, including the history of Disney, Disney drawing skills and Disney knowledge. We also learned all about Youtubers and Vloggers and the skills required of a digital content creator along with online safety. Digital had a great year practicing our life skills, learning about different careers, and trying out new forms of technology. We can't wait to see what's in store for next year.



Spirit Day: Animal Print Day

Thank you to everyone who dressed in Animal Print for our June Spirit Day. This month's Spirit Day, Film Noir Day, is on Monday July 13th, 2026, participants are encouraged to come in a classis black and white outfit. Participants will enjoy a group lunch in the gym and an afternoon of spirit building activities.



Tuck Shop

Ice cream cups are here and such a hit we're extending availability into July. Available in chocolate or vanilla, these treats are both gluten and peanut-free. Pick one up for just \$1.50 and enjoy a cool, refreshing snack this month.



UPCOMING EVENTS



RAFFLE

WIN 1 OF 3 AMAZING PRIZES!

Prize #1



30" MOBILE BBQ
Donated by Crown Verity
Prize Value: \$5,285

Prize #2



CHILLY MOOSE COOLER FILLED WITH CHEER
Donated by Strodes BBQ
Prize Value: 1,200

Prize #3



\$500 GIFT CARD STRODES BBQ
Donated by Sebernas Engineering
Prize Value: \$500

TICKETS \$10 EACH | **3 FOR \$25** MUST BE 19+ TO PURCHASE.

CASH, CHEQUE, OR E-TRANSFER.
PICK UP OR PURCHASE TICKETS AT THE CENTRE.

65 SKY ACRES DRIVE, BRANTFORD


 Crossing All Bridges Foundation | foundation@crossingallbridges.ca



Presents our

CAR WASH FUNDRAISER

TUESDAY, JULY 7TH 10:30AM-

1:30PM

- Car Wash
- Cotton Candy
- Lemonade Stand
- Face Paint
- Games & Prizes










Stop by Crossing All Bridges Learning Centre for a day filled with fun & games with friends!

\$5 CAR WASH + REFRESHMENTS & GAMES INCLUDED

65 Sky Acres Drive

Last Week of Program Activities July 13 -17 2026

Mon	Tue	Wed	Thu	Fri
<p style="font-size: 1.5em; font-family: cursive;">Bingo</p> 	<p style="font-size: 1.5em; font-family: cursive;">Fitness Fun Day</p> 	<p style="font-size: 1.5em; font-family: cursive;">CAB Trivia</p> 	<p style="font-size: 1.5em; font-family: cursive;">Karaoke Battle</p> 	<p style="font-size: 1.5em; font-family: cursive;">CAB Picnic</p> 

UPCOMING EVENTS

Please join us for

Breakfast with Buddies

Summer Kick Off

9:30 - 11:30am

Saturday **11** July

Participants will cook and enjoy a meal
with friends.

Our Summer kick off breakfast will
include DIY breakfast sandwiches,
hashbrowns and a fruit bowl.

Cost is \$20.00

To register please contact
natasha@crossingallbridges.ca