

CABLC CONNECTION

YOUR MONTHLY INFORMATION UPDATE

ISSUE 119 • August 2026

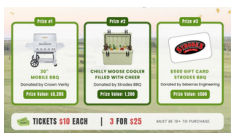
August

Important Dates:

August 10-14: CABLC and Shredding Barriers CLOSED for annual staff training and development.
August 17 – Welcome Back! Start of the new program year.
September 16 – Mark Your Calendars: Annual Family BBQ

Fundraising

Golf “Fore” Learning Raffle Reminder – Don’t Miss Out!



Our raffle tickets are still available, and there’s still time to get yours. For \$10 each or 3 for \$25, you could win one of three fantastic prizes, including a 30” Mobile BBQ, a Chilly Moose Cooler filled with cheer, or a \$500 Strodes BBQ gift card. All proceeds support programs at Crossing All Bridges, so every ticket makes an impact. Stop by the centre to purchase your tickets. Must be 19+ to buy.



Witches Night Out

Sponsorship opportunities are available from \$250 to \$5,000, with recognition and exclusive benefits at every level. Every sponsorship helps support life-changing programs for adults with developmental disabilities at Crossing All Bridges Learning Centre. Looking to get involved or support these events please contact foundation@crossingallbridges.ca



Staff Updates

Summer Students

As summer comes to a close, we would like to extend our sincere thanks to our summer students Jessie and Freddie for their hard work and enthusiasm over the past few months. We hope your time with us has been a valuable learning experience and that you leave with new skills, lasting memories, and confidence for the future. We wish each of you continued success in your studies and future careers. Thank you for being part of our team this summer – we wish you all the best in the year ahead!



Thank You

CABLC NEWSLETTER THIS ISSUE

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- Summer Camp Highlights
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Social Club

Social Club runs bi-weekly 5:30pm to 7:30pm on Thursday evenings. Come out this month for Movie in the Park on August 21st, from 8:30pm to 10:30pm. To register contact our Manager of Programs, natasha@crossingallbridges.ca



Shredding Barriers



All Shredding Barriers employees are reminded to come arrive on time and ready to work in proper uniform. This includes the Shredding Barriers shirt, dark pants or Bermuda shorts that go to the knees and closed toed shoes (preferably black).



Summer Camp Highlights

Summer Sizzle Camp

What a truly special three weeks we shared at Summer Sizzle Camp. From the moment campers arrived each morning, the space was filled with laughter, connection, and a true sense of belonging. Throughout Groovy Decades week, campers stepped back in time with music, dancing, and hands-on activities, including a fun day outdoors at Mohawk Park. In Worlds of Wonder week, imagination came to life through creative play, special guest experiences, and memorable outings like swimming at Brant Park and exploring Storybook Gardens together. We wrapped up with Teamwork Takeover, where campers built connections and confidence through shared experiences like bowling, pickleball, and a fun-filled trip to Dave & Buster's. More than anything, this camp was about the moments in between; the friendships formed, the confidence built, and the joy of simply being together. We are so grateful to our dedicated staff and the incredible campers who made these weeks so meaningful. A heartfelt thank you as well to all of the wonderful venues we visited and the welcoming staff at each location for helping create such positive, inclusive experiences for our campers. And to our families, thank you for trusting us to be part of your summer. We loved every minute of it.



Leisure Days

Our Leisure Days program offered a calm and meaningful way to enjoy the summer months. Participants spent their days connecting with one another through simple joys like walks along the trail, visits to the public library, time in our community garden, and engaging activities like bingo and crafts. These moments may be quieter, but they are just as important; building friendships, encouraging independence, and creating a strong sense of comfort and belonging. Thank you to our participants and staff for making this summer so meaningful.



Extended Programming Opportunities

After Hours Programming

Our After Hours programs will be taking a short break for the month of August and will return in September. This includes favourites like Friday Night Dance Mixer, Guys Night, Ladies Night, and more. We're looking forward to another fun season of connection and community; stay tuned to our September newsletter for full program schedules and updates.

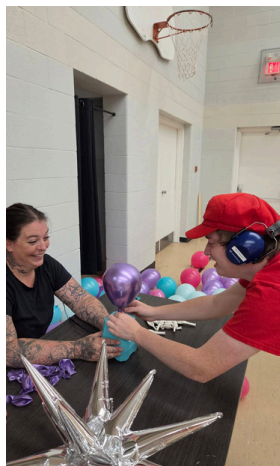


For more information or to register for any extended programming opportunities please reach out to our Manager of Programs, Natasha Efner, at natasha@crossingallbridges.ca

CABLC PROGRAMMING

Culinary

The last week in the culinary program, the participants helped to plan an end of the year CABLC picnic. Unfortunately the weather didn't cooperate however, we enjoyed the picnic indoors and there was a lot of laughter, good food, friends talking and mingling, games and of course fun. We're looking forward to the upcoming year where participants will be busy learning new skills and refreshing old ones. We are also excited to start our monthly unit "Cooking with CAB" and making more memories. Thank you everyone for a great year.



Expressive Arts

Summer is in full swing and we are still talking about the CABLC Eras Show. It was definably a highlight in the expressive arts program. We are still taking orders for CABLC Eras t-shirts so if you haven't sent in an order form you still have time. We are excited to start the new year soon, lots of Music, Drama and Art coming your way.

Recreation and Wellness

While we wrapped up the year of programs at CAB and transitioned into Summer Camp, participants especially in Recreation & Wellness had the opportunity to enjoy fun activities, nature and sports. We ended off this program year with some FIFA, circuit training, walks, soccer baseball and centre wide activities. We are so excited to plan our next program year and try new activities with everyone.



CABLC PROGRAMMING

Community, Culture and Me

Community, Culture & Me enjoyed reviewing some of our favourite subjects this past month. Cities from Around the World, Farms and Book Study, just to name a few.

Participants enjoyed watching the book come to life while we watched the The Borrowers.

We paused volunteering at the Library and ReStore as we pivoted from regular programming to Summer Sizzle Camp.

We hope everyone is having a wonderful summer and look forward to welcoming old and new friends back this month. We can't wait to get reacquainted.



Digital Innovation

Leading up to our last week of programming in Digital Innovation we got ready for our big car wash!! What a big hit it was, thank you to all who showed your support! Participants had a blast serving our community and learning skills along the way. We are looking forward to what's in store when we come back to Digital! Between the 3D printer, filming, and skill building, there's so many new things to learn and experience!



A FAMILY BBQ
For all that you do!

COME JOIN US FOR A NIGHT OF
 APPRECIATION, FUN, AND GOOD FOOD!

WHERE: 65 SKY ACRES
 DRIVE, BRANTFORD

WHEN: SEPTEMBER 16TH
 5 P.M. TO 7 P.M.

PLEASE RSVP TO MCARPENTER@CROSSINGALLBRIDGES.CA