Crossing All Bridges
Learning Centre

CABLC CONNECTION

YOUR MONTHLY INFORMATION UPDATE

ISSUE 122 • November 2026

Important Dates:

November 11 - Remembrance Day
November 27 - FundScrip Orders Due



Fundraising

Witches Night Out

Our 6th Annual fundraiser in support of Crossing All Bridges Learning Centre was a great success. Thank you to everyone who attended and helped make the night one to remember. Special thanks to our sponsors: Millard's (Title), Highview Homes (Charcuterie/Food) and Ed and Shelly Doucet (Signature Cocktail), along with Modern Heating, Maria's Pizza, ROI Group, Starward Homes, Edward's Pro Tech, McGregor Robb Wealth Partners – RBC Dominion Securities, Seberras Engineering, Minotaur, Lanca Construction, the Cain and Retkwa families, Paul and Tracy Neziol, and Forest of Flowers. We are also grateful to our committee, led by Lyndsay Jordan, with Karen Robb, Laura Tremblay, Michelle Carpenter, Carol Lyn Brown, Jess and Julia Surrette, Jess Moran, Lauren David, Wendy Retkwa, Jenn Dias, Kim Andrews and Aliyah Ishmail. Thank you all for your time, generosity and continued support of CABLC.









FundScrip Fundraiser

The popular gift card fundraiser, FundSrcip, is returning again this year. Packages will be sent home during the month of November, keep an eye out for them. Contact mcarpenter@crossingallbridges.ca with any questions.

CABLC in the Community

Making Connections, Building Awareness

We were proud to represent CABLC last month at both the BHNCDSB Parent Engagement Fair and the You Belong Here : Grand Pathways Event with Grand Erie District School Board. Both events offered an opportunity to share information with families, caregivers, educators and other agencies, about the programs and services we offer for individuals with special needs. These events help raise awareness and build connections. Thank you to everyone who stopped by our tables and to the organizers for hosting such valuable events.





Christmas Bazaar

Our Christmas Bazaar is back on Saturday, November 21st, from 9 a.m. to 1 p.m. Join us for a festive morning of local shopping and holiday cheer, featuring local vendors and gifts made with love. Vendor tables are available for those interested in showcasing their products. The event is open to everyone, so bring your family and friends. We're also looking for CABLC participants who would like to volunteer and be part of the fun. If you're interested in volunteering or booking a vendor table, please reach out to Natasha for more information at natasha@crossingallbridges.ca.





CABLC NEWSLETTER

THIS ISSUE

- Important Dates
- Fundraising
- CABLC in the Community
- Social Club
- Shredding Barriers
- October Highlights
- Extended Programming Opportunities
- CABLC Programming
- Upcoming Events

Social Club

Social Club runs bi-weekly from 5:30pm to 7:30pm on Thursday evenings. Join us this month for Pizza and Planning on November 5th. Be sure to bring your ideas for our next block of activities. To register contact our Manager of Programs, natasha@crossingallbridges.ca



Shredding Barriers

SHREDDING BARRIERS

For the month of October, we recognized Disability Employment Awareness Month. Through staff appreciation and training exercises we acknowledge the importance of inclusivity in the workforce. In attending the 18th Annual Chambers Trade Show, we were able to share this message with local businesses and communities. Remember to check out our new Instagram account to stay up to date on new initiatives and upcoming events!

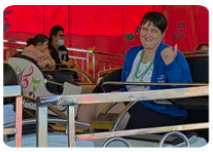
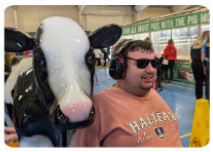


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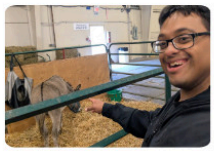
October Highlights

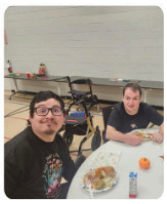
Norfolk County Fair

Our participants enjoyed a day at the Norfolk County Fair, taking in the sights, exploring the exhibits and experiencing all the excitement the fair had to offer. It was a wonderful opportunity to get out into the community, enjoy something new and make memories together. A big thank you to Sharp Bus Lines for providing transportation and helping make this outing possible. We appreciate your support in helping our participants enjoy experiences beyond the centre.





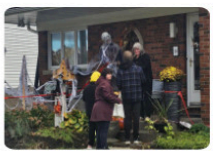
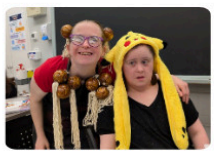
Celebrating Thanksgiving

Participants came together for a Thanksgiving lunch in the gym, enjoying a meal and time to connect with friends across the centre. As part of the celebration, everyone was invited to contribute to our Thankful Tree, sharing the people, experiences and things they appreciate in their lives. It was a wonderful afternoon of good food, conversation and community, providing an opportunity to reflect on what matters most and celebrate the connections that bring us together.

Celebrating Halloween

Participants had a great time trick-or-treating in the neighbourhood and enjoying Halloween fun! A huge thank you to all our neighbours who participated and helped make the event such a success. We appreciate your generosity and support in making this a memorable, inclusive community experience for the participants.

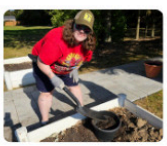




Extended Programming Opportunities

CAB Roots

Our CAB Roots program has wrapped up for the season Participants enjoyed closing the garden for winter and getting creative with nature-inspired crafts. A big thank you to everyone who took part and helped make this season a fun opportunity to connect with nature, learn and spend time together.

Dance Mixer

Friday Night Dance Mixers will resume in October. Join us on **November 6th** for our **Vegas Night** themed dance. For just $10, you'll enjoy an evening of dancing, a snack and a drink. Registration is required. Want more opportunities to get dancing? Check out the monthly Friends4kindness dances and register at www.friends4kindness.com/events





Ladies Night

Registration is now open for our Ladies Night Program starting in January. This 6-week program is all about confidence, connection, and community. Open to ladies 14+, join us for good vibes, great conversations, and nights you'll look forward to every week.

Craft Club

Join us on December 7th from 3:30–5:00 p.m. for our monthly Craft Club! Next month, we'll be creating ornaments to get into the holiday spirit. Come enjoy an afternoon of creativity, connection and seasonal fun. Registration is required.



For more information or to register for any extended programming opportunities please reach out to our Manager of Programs, Natasha Efner, at natasha@crossingallbridges.ca

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CABLC PROGRAMMING

Culinary

Last month in the kitchen participants have been busy making no bake cookies, shopping at the grocery store, and following a recipe to make their own individual Nachos. This month the Culinary program will be collaborating with Community Culture and Me to start the "cities around the world" unit, with the first one being Germany. Participants will also be learning how to set the dinner table and continuing with Cooking with CAB this month making soup. The Culinary program will also be collaborating with Recreation and Wellness to explore healthy alternatives.











Expressive Arts

It's been a bewitching good time in the Expressive Arts program. This month we focused on October celebrations. We gave thanks for whats important to us during our Thanksgiving unit. Participants created a cup of thankfulness craft along with paper roll turkey of thanks. We learned all about the difference between the Canadian and American Thanksgiving with presentations and games. While exploring Halloween participants created spooky houses, puppets and paintings and learned different dances to Halloween classics. We will be announcing a special presentation soon for the next holiday season. Stay tuned.

Recreation and Wellness

October was such a great month for us in Recreation & Wellness at Crossing All Bridges. We played soccer, dodgeball and yard games and enjoyed some fun Halloween fitness workouts. As we move into November and the colder months ahead, we'll be spending a week at the Gretzky Centre for swimming. Participant will enjoy a private Water Aerobics class and a private pool rental for a swim. If you would like your participant to join us, please email Natasha. The dates are November 4 and 6, and participants must attend CAB on those days to participate. During the week of Remembrance Day, participants will be doing military-style workouts (with modifications) in the gym and fitness room before moving into our next topic: nutrition. Participants have requested to learn more about how athletes eat, so we'll be exploring and comparing athletes' diets with general healthy eating recommendations. We're also excited to collaborate with Culinary program to learn how to make healthier alternatives to some of our favourite foods.







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CABLC PROGRAMMING

Community, Culture and Me

CCM had another busy month. Participants discovered some amazing facts about the Beaver from our Canadian Wildlife series. We celebrated Thanksgiving by learning some traditions from other cultures. We read chapters 3-6 from our book study Farmer Boy, and we collaborated with Culinary to create and sample some tasty dishes from Frankfurt, Germany. We continue to volunteer and we are done delivering flyers for the ReStore. Participants are excited to launch our 4th Annual Food Drive, and we will also be accepting toys this year, as Brantford's food bank has shared with us that kids 10 and up need a new, unwrapped toy. We will do our best to exceed the 603 pounds of non-perishables we collected last year. Participants will also be busy designing their own wrapping paper in preparation for this years upcoming Christmas Bazaar.



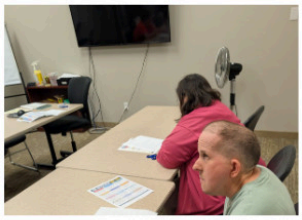




Digital Innovation







October in Digital Innovation was filled with fun and engaging learning experiences. Participants focused on job readiness, interviewing and workplace skills, including a visit to Soar Employment Services to learn more about the job search process. The program also revisited artificial intelligence, exploring robots and the tasks they can perform. Participants had a blast learning to navigate the Wii and playing team-building games, especially Wii Sports bowling. October wrapped up with an exploration of Disney's history and opportunities to practice Disney animation. This month, the program will focus on everyday life skills, including communication, learning about emergency responders and their roles, practicing typing skills, and exploring smartphones and how to use them safely.

Curling Program in partnership with Paris Curling Club

In partnership with the Paris Curling Club, we return for another session beginning November 3rd. We're looking forward to continuing to learn the game, trying a new sport and building connections in the community. The program is open to everyone, and we welcome anyone interested in joining us. Registration is required. For more information, please contact Natasha at natasha@crossingallbridges.ca.







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UPCOMING EVENTS

Crossing All Bridges

Craft Club

Crossing All Bridges is thrilled to announce the return of Craft Club on a new day and time for the 2026-27 program year



Join us on the first **Monday** of each month from **3:30pm to 5:00pm** for an afternoon of creative expression!

Cost: $10.00 per session

All ages and abilities are welcome. Materials are provided.

Monday October 5th
Autumn Leaf Lanterns

Monday November 2nd
Felt Winter Pocket Warmers

Monday December 7th
Winter Ornament Workshop

Registration is required please email Natasha Efner at natasha@crossingallbridges.ca

Crossing All Bridges Learning Centre in the Expressive Arts Room

Crossing All Bridges

Friday Night Dance Mixer

2026 - 2027

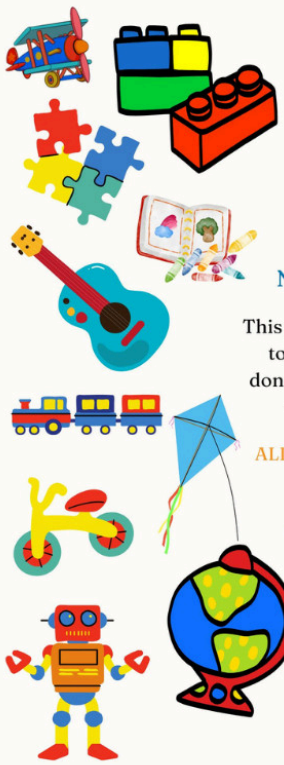
Mark Your Calendars 7:00pm - 9:00pm

October 16th	**March 12th**
Theme: Harvest Party	Theme: Country Night
November 6th	**April 9th**
Theme: Vegas Night	Theme: Hollywood Spotlight
December 4th	**May 14th**
Theme: Holiday Candyland	Theme: Safari Party
January 8th	**June 4th**
Theme: Neon Fete	Theme: Masquerade Party
February 12th	**July 10th**
Theme: Neon Nights	Theme: Beach Party

Registration is required- please email natasha@crossingallbridges.ca to confirm your spot. Cost: $10.00 includes admission, snack and drink

Be sure to check out Friends4Kindness.com for more monthly dances, held at Brantwood Community Centre, to keep the party going!

Follow along on our Facebook page- each month we will post a flyer detailing everything you need to know about the upcoming dance!



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PRESENTS OUR

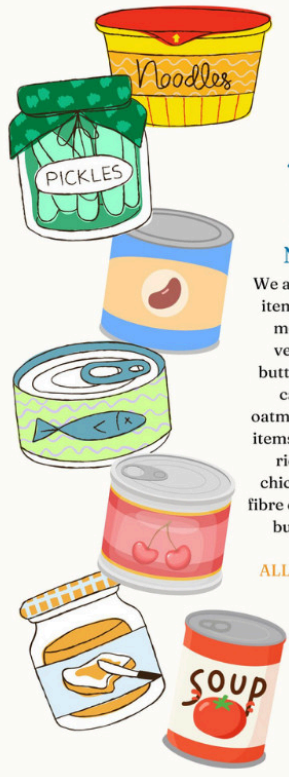
Annual Toy Drive

NOVEMBER 1-30, 2026

This year, the Food Bank is requesting toys for older children. Consider donating toys for both girls and boys that are over the age of ten.

ALL DONATIONS WILL BE SENT TO OUR LOCAL FOOD BANK.

We appreciate your support!



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PRESENTS OUR

4th Annual Food Drive

NOVEMBER 1-30, 2026

We accept donations of non-perishable food items in jars, cans and sealed packets. Our most needed items are: canned fruits & vegetables, canned meat & fish, peanut butter, dry pasta with sauce, canned soups, canned beans, canned stews, cereal & oatmeal, crackers, baby formula. Special diet items are also needed, these could be: brown rice, whole grain pasta, lentils, quinoa, chickpeas, low sodium canned goods, high fibre cereals, natural peanut butter or almond butter, nuts & seeds, gluten free items.

ALL DONATIONS WILL BE SENT TO OUR LOCAL FOOD BANK.

We appreciate your support!

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UPCOMING EVENTS

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Crossing All Bridges
Annual CHRISTMAS BAZAAR

FREE ADMISSION

Donations to CABLC accepted

When: Saturday, November 21st, 2026

Time: 9 a.m. to 1 p.m.

Location: 65 Sky Acres Drive, Brantford, ON N3R 5W6

NEW THIS YEAR

Toy Drive



Spread some holiday cheer! Bring a new, unwrapped toy to support the Brantford Food Bank.

Gift Wrapping Station



Wrap your gifts with wrapping paper handmade by CABLC participants. Purchase paper to take home or let us wrap your gifts for you.

Extended Hours



You asked, we listened! Enjoy more time to shop this year. We're open from 9 AM–1 PM!

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